211 Services





South Sound 211 We make it easy to apply for Basic Food benefits

More and more people are searching for ways to stretch their paycheck each month. For some, the Basic Food program may be the answer. The Basic Food program provides funds to help qualifying applicants purchase nutritious food each month. The benefit card can be used just like a debit card and is now eligible to more people.

How do I qualify? When you dial 211, trained specialists can provide application assistance and determine your eligibility within about 5 minutes. They can also help callers complete the Basic Food application and their application's status once submitted. On average, the process takes about 20 minutes to complete. There is no waiting in line.

Who is eligible? Single individuals, students, families with children, homeowners and immigrants are all eligible for the Basic Food program. To find out if you are eligible or to apply, dial 211. South Sound 211 Serves Pierce, Thurston and Lewis Counties. New income eligibility criteria provide new opportunitites to individuals who didn't qualify in the past.

SingleCare More than 13 million people helped and \$1.5 billion in savings!



We partner with nearly all pharmacies nationwide to negotiate prescription discounts, so you receive a lower price. Our pharmacy discount card is for everyone nationwide, whether or not you have health insurance coverage. More than 13 million people helped and \$1.5 billion in savings!

Need a Ride? Get a Ride.

RIDE UNITED

Medical Trips • Employment Trips • Public Benefit Trips

Our 211 Transportation Navigators can help you access rides for seniors, youth, people with disabilities, and people with low income, including bus passes, medical trips, employment trips and public benefit trips. We also may provide free Lyft rides for eligible trips and riders, through our Ride United partnership.

Family Resource Navigation

Pierce County Early Childhood Network (PCECN) uplifts Pierce County families with young children by identifying and bridging resource gaps, fostering connection, disrupting inequities and removing barriers. 211 connects individuals and families with programs and services to help them navigate barriers that are preventing them from becoming self-sufficient. Instead of multiple calls, the PCECN helpline connects people in need with trained specialists to get matched with the right services.



Resources may include:

- Pregnancy Support and Information
- Parenting Education & Support Groups
- Housing & Utility Assistance
- Medical & Dental Care
- Transportation

- Family-Friendly Activities
- Mental Health & Drug Recovery Services
- Child Care & Educational Options

Help is Three Numbers Away

211 maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

211 can also connect people with information and referrals for: 211

Food Housing/Shelter crisis support for: **Utility Assistance Healthcare Services Government Services**

Transportation Legal Services Counseling & **Support Groups Disaster Aftercare**

Thoughts of Suicide Mental Health Crisis Substance Use Crisis Emotional Distress

911 provides first responder dispatch for:

Medical Emergency Reporting a Crime Disaster Response Life Threatening Situation

Together, these three numbers provide whole person care.

988 provides