

Center for Community Resilience: What We Do



National Network of
Local & Regional Coalitions



Fostering Equity



Public Health 3.0



Long-Term Systems Change
Policy & Advocacy

The BCR Collaborative & Networks

Washington



Kansas City (KS & MO) & St. Louis, MO



Louisville, KY



JOINING FORCES FOR CHILDREN

SW Ohio & N Kentucky



DC-MD-VA



Oregon



Mesa County, CO



Dallas County, TX



Appalachian District, NC



Statewide Network Building Community Resilience



Washington State
Department of Social
& Health Services

Transforming lives



**BYRD BARR
PLACE**



Whatcom County
HEALTH
Department



**United
Way**

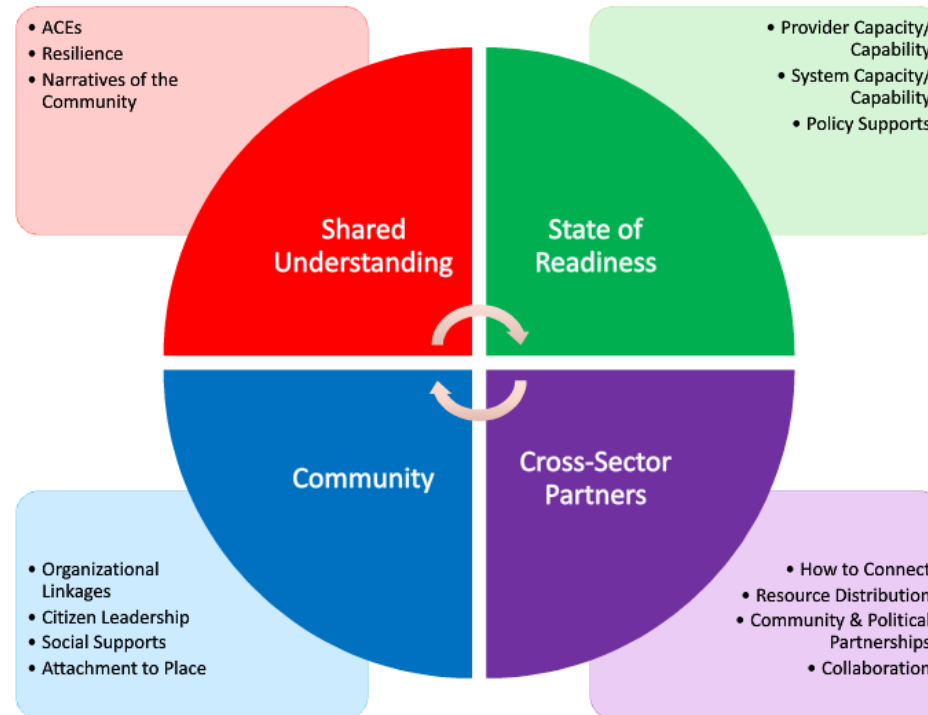


United Way of Pierce County



The Power of Collaboration

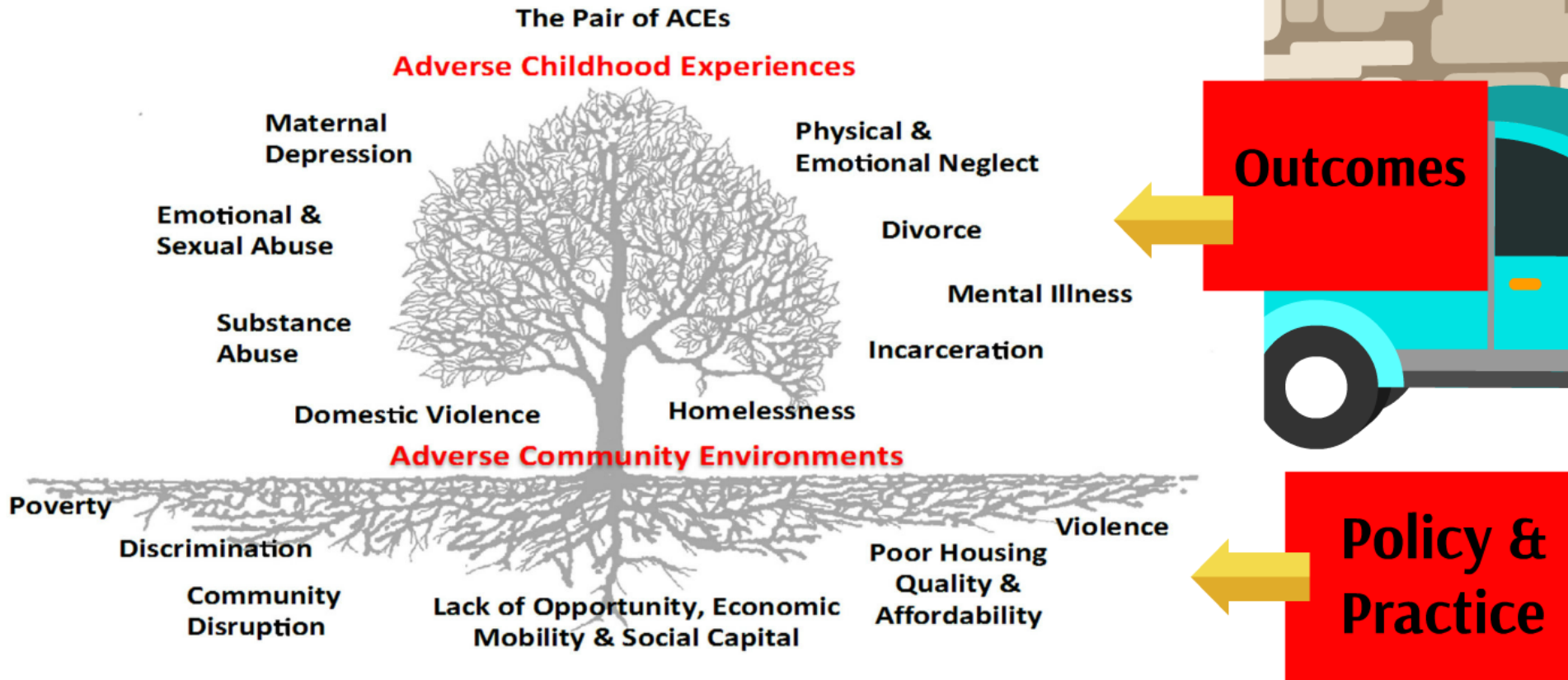
Building Community Resilience: Process of Assessment, Readiness, Implementation & Sustainability



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. *Academic Pediatrics*. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011

Community Based Research
Building Relationships & Trust

Systems Driven Community Characteristics



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Pandemic Within a Pandemic

The Pair of ACES

COVID-19 Adverse Community Experiences



Root Cause



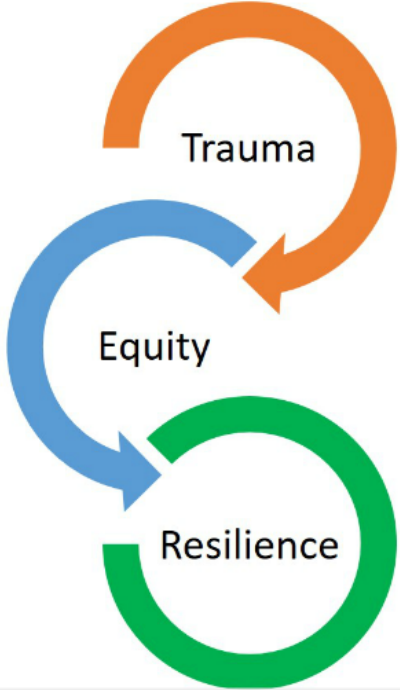
Structural Racism



Building **Community** Resilience

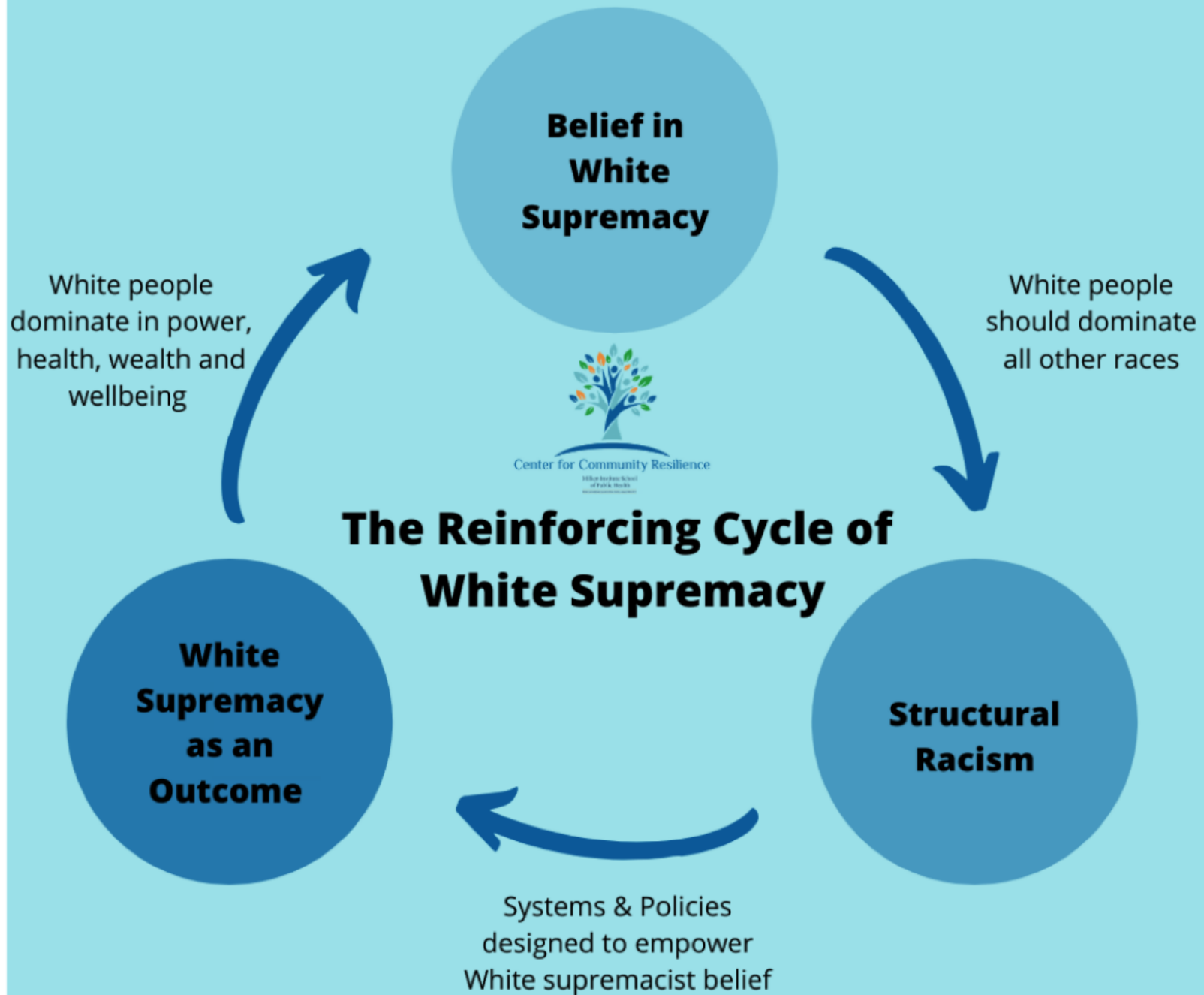
**What's Equity
Got to Do With It?**

Connecting systems and policies to community characteristics and population health outcomes.

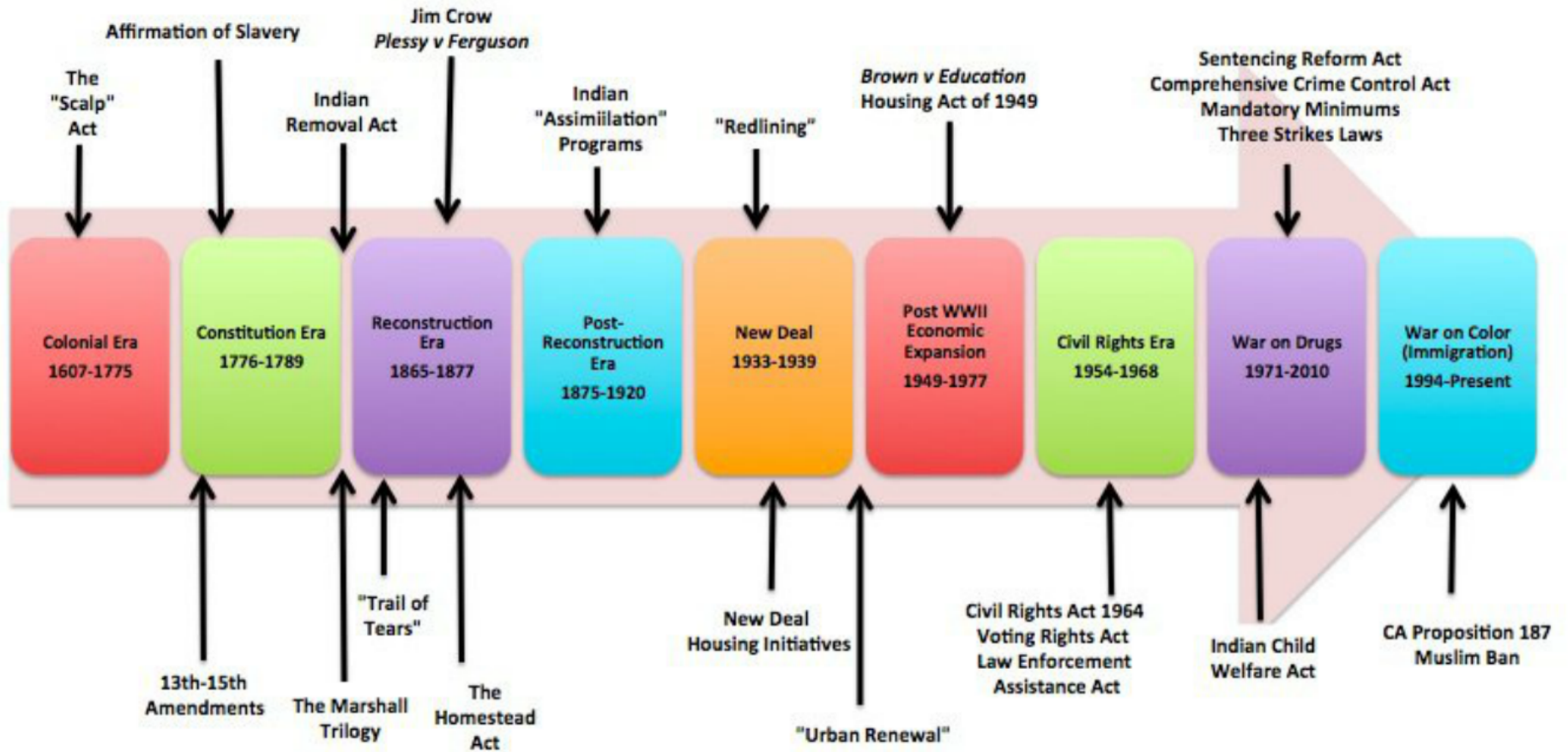


Measuring equity and community resilience by connecting access to supports and buffers to population health.

White Supremacy: A Public Health Crisis



Understanding the Roots of Inequity & Trauma



Significant U.S. Social & Criminal Policies Over Time

BUILDING COMMUNITY RESILIENCE IN WASHINGTON

ACEs are an American health problem.

Adverse Childhood Experiences (ACEs)

% children with 2+ ACEs:



Adverse Community Environments (ACEs)

include:

- ✓ Poor housing quality & affordability
- ✓ Violence
- ✓ Discrimination
- ✓ Lack of opportunity & economic mobility

Together, these are the "Pair of ACEs".
How do they show up?



Adverse Community Environments

	Washington	Pierce County	King County
Rate of violent crimes (per 100,000 ppl)	294 crimes	458 crimes	341 crimes
% children living in poverty	14%	12%	12%
% severely unaffordable or unsafe homes (monthly costs over 50% of income, no kitchen, no plumbing, or over-crowding)	18%	18%	18%
% families with limited access to a grocery store	21%	33%	16%
	15	18	14

Multiple adversities under one roof

Multiple adversities in one community

Gap & Opportunity Analysis of Two Pierce County Communities

98444 and 98445: Franklin Pierce

98404: East Tacoma/Salishan



Using Local Data & Maps to Illustrate Inequity in Policy & Community Outcomes

Burdens of Inequity

Income Inequality

Access to Mental Health Supports

Housing Instability

Food Insecurity

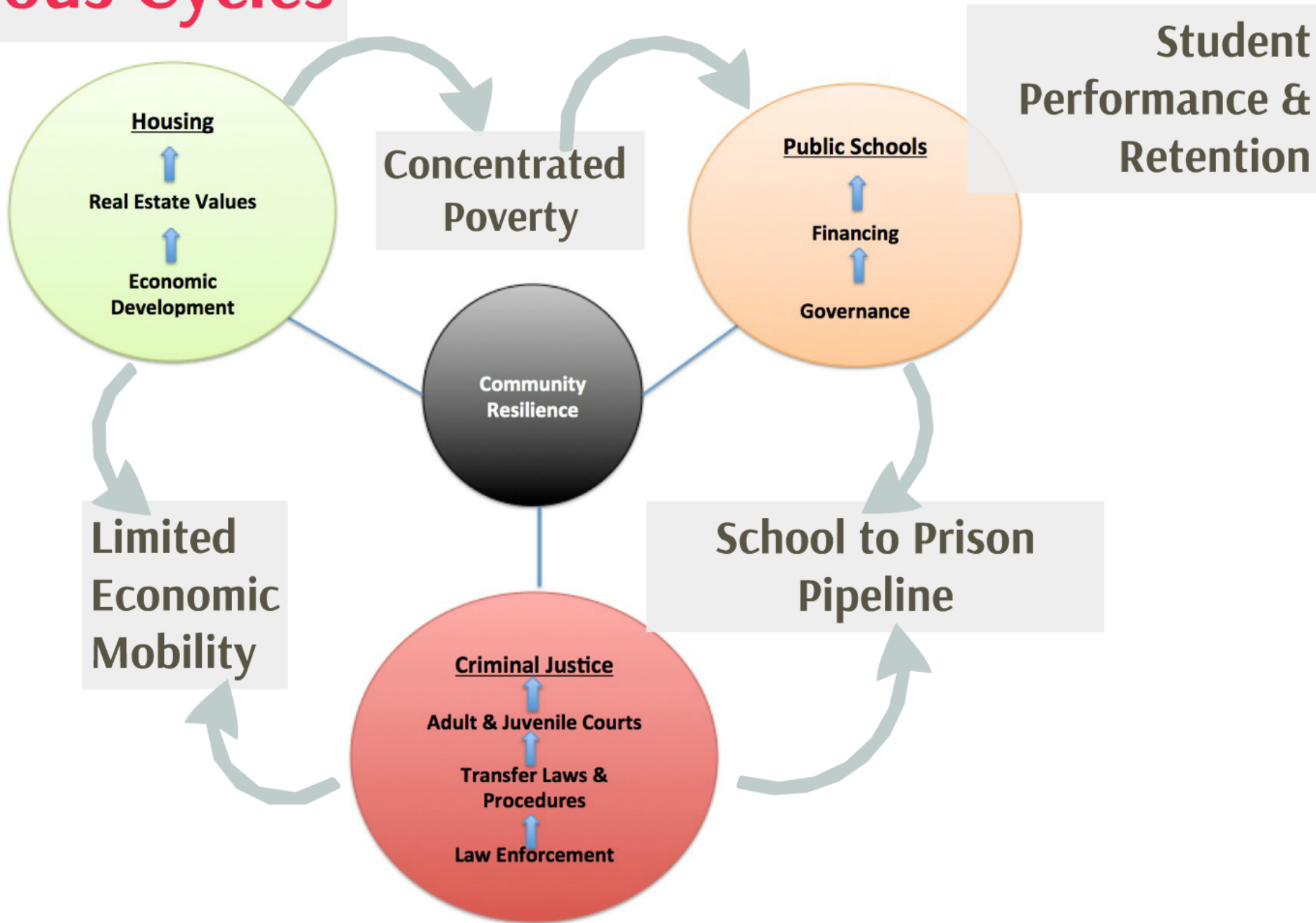
Family Labor Force Participation & Income

About 60-70% of households have all parents in the labor force. This data is similar among Washington State, Pierce County, Franklin Pierce, and East Tacoma/Salishan. However, **median family income in western Franklin Pierce and the East Tacoma/Salishan communities is lower than the Pierce County average (\$50K-72K vs \$80K)**. The difference in median family income could, in part, be explained by the occupation distribution and educational attainment distribution seen in the previous page.

	Franklin Pierce				East Tacoma/Salishan		
	WA State	Pierce County	98444 Zip Code	98445 Zip Code	Parkland census tract	98404 Zip Code	Midland census tract
% households with children under 6 where all parents are in the labor force	60%	58%	61%	59%	61%	59%	73%
% households with children 6-17 where all parents are in the labor force	69%	67%	66%	62%	62%	66%	60%
Median family income	\$84,212	\$80,328	\$50,051	\$71,644	\$58,618	\$57,050	\$52,211

Source: ACS 2018 5-year Estimate

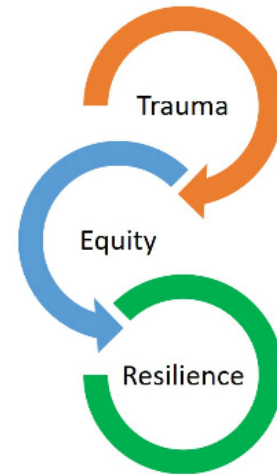
Vicious Cycles



"Systems are designed for the outcomes we get"

Edwards Deming

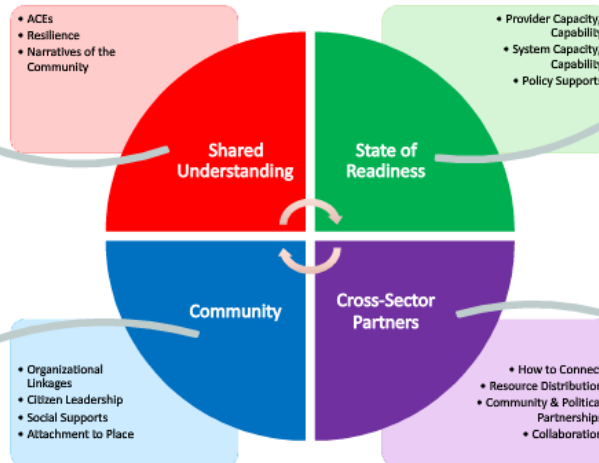
Power of Collaboration



Structural Inequity

Identify Policy & Program Gaps
Address Implicit Bias

Building Community Resilience:
Process of Assessment, Readiness, Implementation & Sustainability



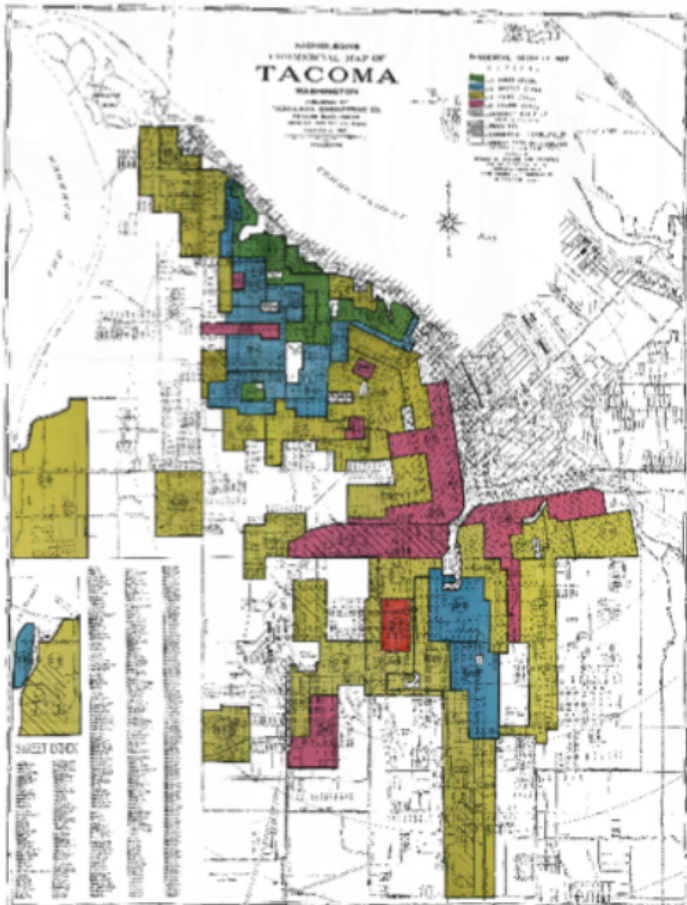
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Co-creation of solutions
Prioritization of Issues

Equitable Access
Policy/Practice Change



Vestiges of Systemic Racism



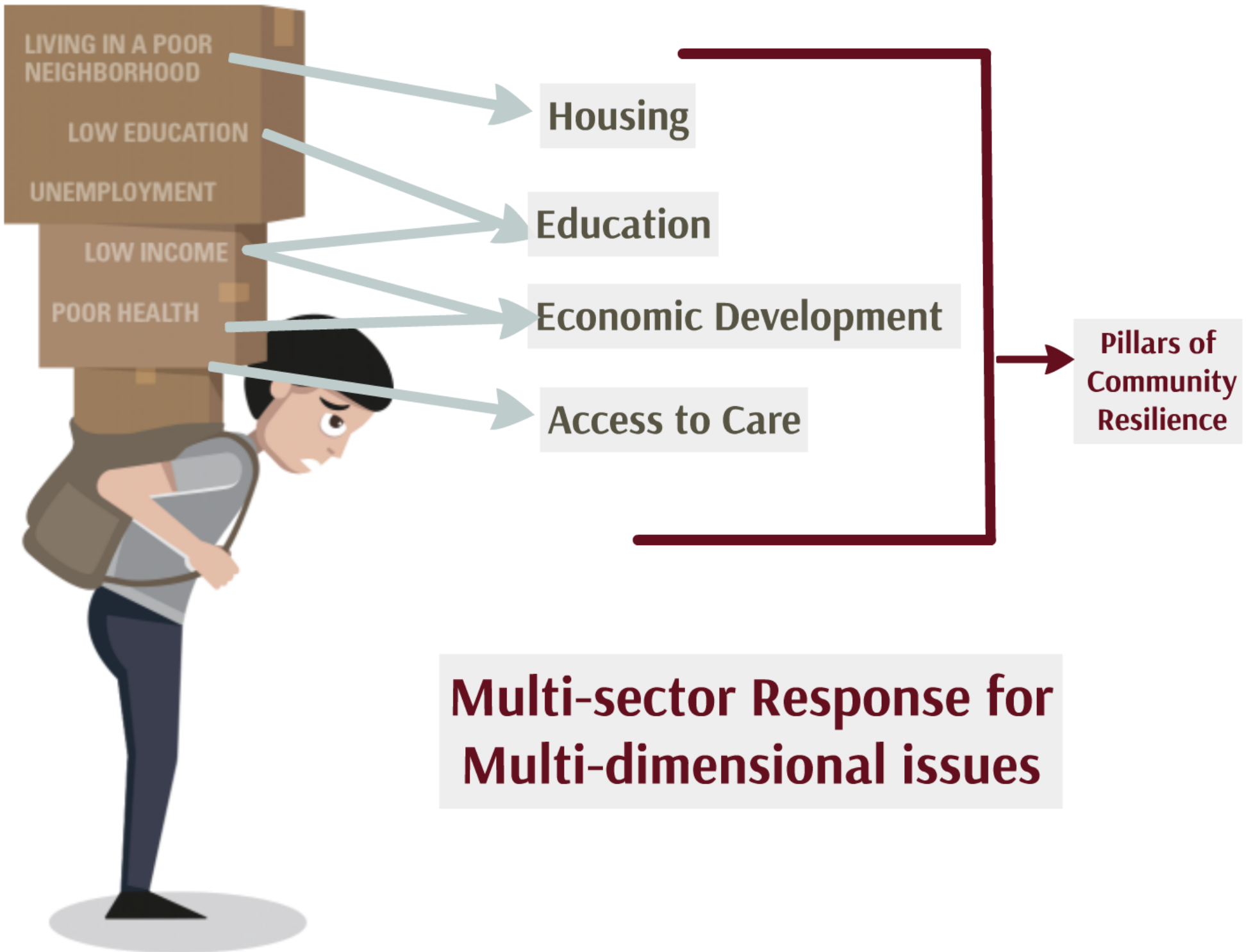
Housing Cost Burden & Insecurity

Housing cost burden can be measured through the percent of residents who spend over 30% of their income on rent or their monthly mortgage. About half of Pierce County renters and one-third of the households with mortgage are experiencing housing cost burden. **The proportion of households experiencing housing cost burden is even higher in our zip codes of interest, with zip code 98444's 59% renters experiencing rent burden as the most extreme example.** This level of cost burden can put families at danger for housing insecurity.

QUESTIONS FOR COMMUNITY: Are any local housing or financial programs helpful at alleviating housing cost burden?

	Franklin Pierce		East Tacoma/Salishan				
	WA State	Pierce County	98444 Zip Code	98445 Zip Code	Parkland census tract	98404 Zip Code	Midland census tract
% residents with rent >30% of income	48%	51%	59%	53%	55%	52%	45%
% residents with mortgage > 30% of income	30%	31%	41%	33%	36%	42%	45%
% vacant homes	9%	7%	8%	7%	8%	7%	6%

Source: ACS 2018 5-year Estimates



Defining Resilience

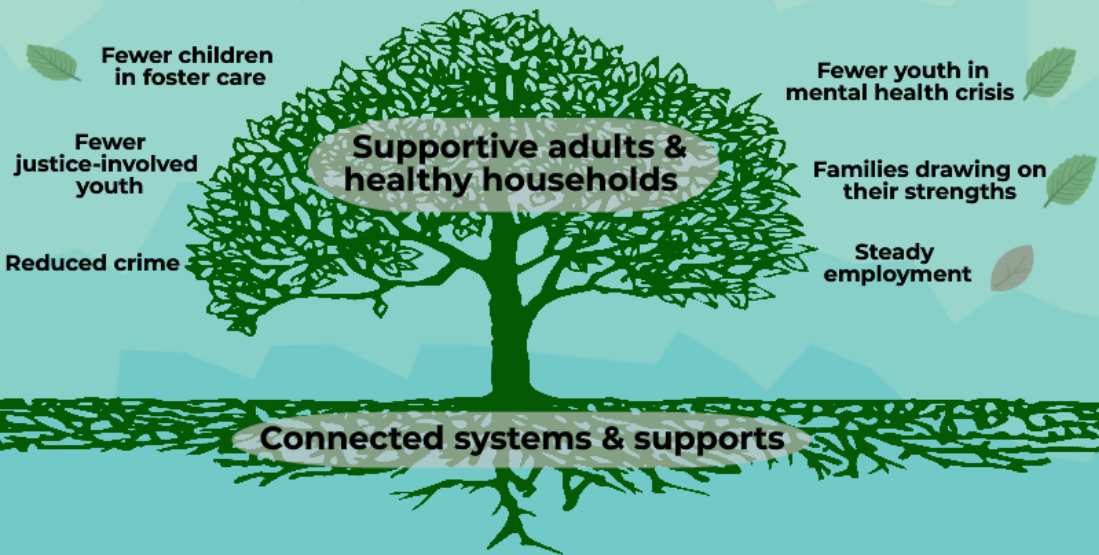
Protective Factors that Promote Individual Resilience

Individual-Level Factors	Family-Level Factors	Community-Level Factors
Personal characteristics	Resources	Peer relationships
Personal traits	Supportive relationships	Social Networks
Intellect	Family coherence	Social Support
Self-efficacy	Parental relationship	Religion
Coping skills	Stable caregiving	Community cohesion
Appraisal of adversity or maltreatment	Spousal support	Civic engagement
Life satisfaction	Stable employment	Economic development



BUILDING COMMUNITY RESILIENCE IN WASHINGTON

BCR is working to transform program, practice, and policy across systems to improve the health and life outcomes of children, families, and communities.



We can build community resilience by:

	Washington	Pierce County	King County
Ensuring all children have a medical home	48%	53%	53%
% of children have a medical home			
Guaranteeing access to good, nutritious food	30%	26%	24%
% of families do not have consistent access to healthy food			
Providing school-based healthcare centers with mental health services	30	0	24
# of these centers in our community			
Promoting working class job growth	2.4%	2.1%	2.8%
% job growth over 2017-2018			
Ensuring access to jobs	62%	54%	54%
% of workers have <30 minute commute			
Providing access to affordable housing	66%	63%	65%
% of families spend <30% of income on housing costs			

Measures of Community Resilience

Access to Care

Food Security

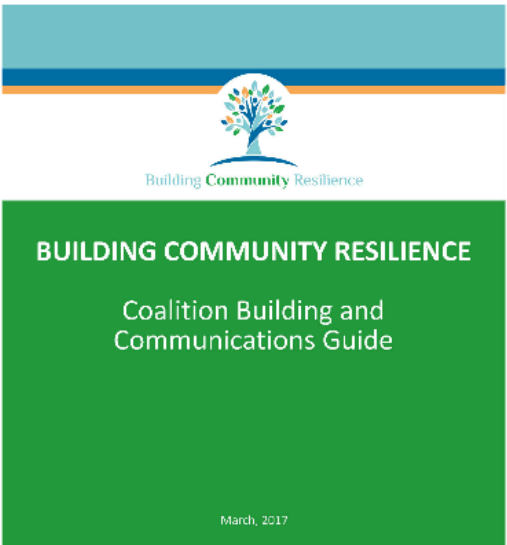
Economic Mobility

Stable Housing

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BCR Tools in Action

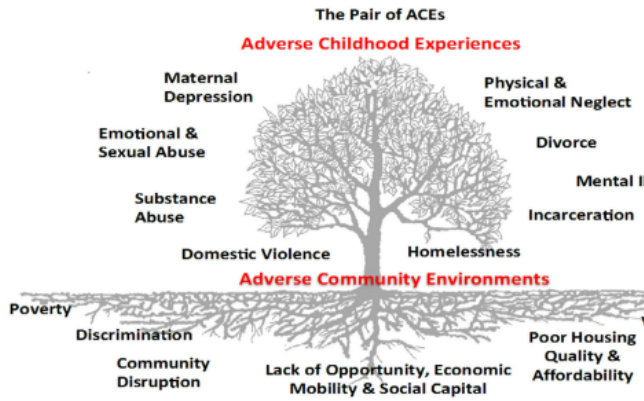
- Policy Toolkit → Visualize Adversities for Policy
- Pair of ACEs Tree → Visualize Adversities for Policy
- BCR Coalition Building & communications Guide → Initiate Community Resilience Work
- Partner Build Grow Action Guide Tools → Initiate Community Resilience Work
- BCR Videos → Highlight Resilience Building Work
- BCR Snapshots → Highlight Resilience Building Work



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Ignite your Network



Center for Community Resilience

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 @ResilNation
  go.gwu.edu/BCRvideos
 "Pair of ACEs" group

