

# GRIT

Growing Resilience In Tacoma

## WELCOME PACKET

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<https://bit.ly/UW-GRIT>



United Way of Pierce County

# WELCOME

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欢迎

ЛАСКАВО ПРОСИМО

If you need assistance in a different language, email [GRIT@uwpc.org](mailto:GRIT@uwpc.org) to coordinate a time with one of our partner organizations who can provide support in your preferred language.

如果您需要其他语言的帮助，请发送电子邮件至 [GRIT@uwpc.org](mailto:GRIT@uwpc.org)，以便与我们的合作伙伴组织之一协调时间，他们可以用您的首选语言提供支持。

ប្រសិនបើអ្នកត្រូវការជំនួយជាភាសាផ្សេង សូមផ្ញើអ៊ីមែលទៅ [GRIT@uwpc.org](mailto:GRIT@uwpc.org) ដើម្បីសម្របសម្រួលពេលវេលាជាមួយអង្គការដែលអ្នកស្រឡាញ់ដែលអាចផ្តល់ការគាំទ្រជាភាសាដែលអ្នកពេញចិត្ត។

다른 언어로 지원이 필요한 경우 [GRIT@uwpc.org](mailto:GRIT@uwpc.org)로 이메일을 보내 귀하가 선호하는 언어로 지원을 제공할 수 있는 파트너 조직 중 한 곳과 시간을 조율하세요.

Если вам нужна помощь на другом языке, отправьте электронное письмо по адресу [GRIT@uwpc.org](mailto:GRIT@uwpc.org), чтобы согласовать время с одной из наших партнерских организаций, которая может предоставить поддержку на предпочитаемом вами языке.

Si necesita ayuda en un idioma diferente, envíe un correo electrónico a [GRIT@uwpc.org](mailto:GRIT@uwpc.org) para coordinar un horario con una de nuestras organizaciones asociadas que pueda brindarle asistencia en su idioma preferido.

Якщо вам потрібна допомога іншою мовою, надішліть електронний лист на адресу [GRIT@uwpc.org](mailto:GRIT@uwpc.org), щоб узгодити час з однією з наших партнерських організацій, яка може надати підтримку мовою, яку ви бажаєте.

Nếu bạn cần hỗ trợ bằng một ngôn ngữ khác, hãy gửi email đến [GRIT@uwpc.org](mailto:GRIT@uwpc.org) để sắp xếp thời gian với một trong các tổ chức đối tác của chúng tôi, những người có thể cung cấp hỗ trợ bằng ngôn ngữ ưa thích của bạn.



# WELCOME

## **Welcome to GRIT 2.0: A guaranteed income project for Tacoma & Pierce County**

Welcome to the Growing Resilience in Tacoma (GRIT) 2.0 guaranteed income project! We are thrilled to have you on board, and we hope that our program will help alleviate some of the financial pressures you may be experiencing.

This handbook has been designed to provide you with important information about the program, including potential impacts to any benefits you may be receiving, payment methods, and the evaluation component. We want to ensure that you have all the necessary information to make the most of this opportunity, so please read through this handbook carefully. If you have any questions or concerns, don't hesitate to reach out to our team at [GRIT@uwpc.org](mailto:GRIT@uwpc.org)

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# What is GRIT?



## What is GRIT?

The Growing Resilience in Tacoma (GRIT) is a guaranteed income project in Tacoma and Pierce County, Washington. It is a collaboration between United Way of Pierce County, Washington State Department of Social and Health Service, the City of Tacoma and Pierce County Council.

GRIT aims to test a simple, yet innovative, solution to poverty and inequality. GRIT is motivated by the belief that our residents are doing enough and that the best investments we can make are in people. A hand-up - rather than a handout - GRIT seeks to empower participants financially and to prove to supporters and skeptics alike that poverty is a systems failure, not a personal one.

As a participant of GRIT, you have an important role in helping us study the impacts of a guaranteed income, as well as influencing future policy decisions. The money you receive will be unconditional and have zero strings attached. We will not tell you how to spend your additional income. The \$500 each month is yours to do with as you wish, whether that is saving, investing, spending, or anything else you have in mind. We recognize that \$500 a month won't address your needs immediately, just as guaranteed income cannot automatically fix all the issues linked to poverty in the United States. However, we believe that residents of Pierce County can use \$500 per month to transform their lives.

While you receive the monthly guaranteed income, the GRIT team will be looking at the effects of this money. We will be conducting surveys and check-ins with all participants to collect important information. Your participation in these activities is optional and will remain confidential.

This handbook will provide you more information regarding guaranteed income, your participation in GRIT, and much more. As you move forward in the program, please refer to this handbook to answer your questions. Never hesitate to reach out to the GRIT team with any questions or concerns.

If you need to contact the GRIT team, call (253) 242-0731 or email [GRIT@uwpc.org](mailto:GRIT@uwpc.org).

# What is GRIT?



## What is a guaranteed income?

A guaranteed income is a recurring cash payment provided monthly. Millions of households in the United States experience financial instability. As many as 89% of Americans see their income fluctuate by more than 5% month to month and 60% see changes in spending greater than 30% from month to month. A guaranteed income is intended to help smooth the volatility that these households experience. By providing a minimum income each month, we believe people will be better able to plan, meet their basic needs, become self-sufficient, and achieve more of their potential. You understand the needs of your household best and we seek to empower you to make those decisions yourselves.

Guaranteed income is not a new idea. Variations of guaranteed income have surfaced throughout history from leaders and thinkers like Thomas Paine, Martin Luther King, Jr., and Richard Nixon. We also have a modern-day version of a guaranteed income: the state of Alaska distributes an annual dividend to every Alaskan. There have also been experiments in Canada, Uganda, Kenya, Namibia, and India.

## What does it mean to participate in GRIT?

GRIT will contribute to the evaluation on this innovative solution to poverty and income volatility. Your participation in GRIT will provide data on the effects of a guaranteed income on physical and psychological wellbeing, financial security, and agency over one's future. More importantly, the data you provide will shape the debate around guaranteed income and potentially affect future policy decisions. In this way, your participation in GRIT will have an impact locally, nationally, and globally as policymakers around the world explore solutions to poverty.

The disbursement you receive comes with no strings attached, meaning you have complete autonomy over how you choose to spend your money. No one from the GRIT team will tell you how to spend your money, nor will we require that you report everything you purchase with your additional cash. As part of your participation, we ask that you help us in collecting data for our research through periodic surveys and interviews. Participation in research is completely voluntary and does not affect your eligibility to receive the monthly disbursements. We value your experience and will compensate you for the time you spend sharing. We hope that you embrace the opportunity to contribute to policy and process conversations and choose to contribute data.

# What is my role in research?

## What is my role in the research?

There will be a number of research activities that you can voluntarily participate in.

### ONLINE AND TEXT MESSAGE SURVEYS

You will be asked to participate in online and text-based surveys. Each online survey will be sent via email periodically. You can take the survey on a computer, tablet, or mobile phone. Each survey will take no more than 30 minutes to complete. You may also be asked to complete text-based surveys. These surveys may be sent throughout your time in the GRIT project. These text surveys will contain a minimal number of questions and should take only a few minutes to respond. You will be compensated by our researchers for each survey that you complete. Compensation will be added to your monthly gift transfer.

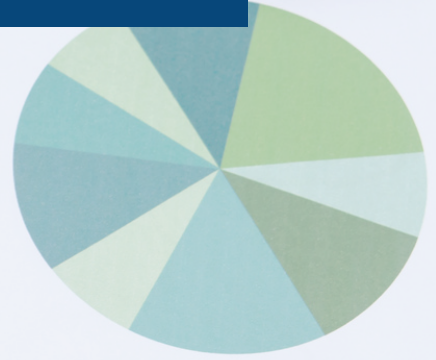
The surveys, both online and via text, will ask you for information about topics such as:

- Your physical and mental health
- Your hopes and goals for the future
- Your household's size and wellbeing
- Your financial and housing situation
- How you spend your time
- Your education level
- Your parenting style
- Your social interactions

### VIDEO OR AUDIO TESTIMONIALS

You may be asked to provide video, audio, or text responses to periodic survey questions sent to you through a platform called VideoAsk. This tool will enable the GRIT research team to check-in with you periodically to see how you are doing. We will never share these responses publicly unless you give us explicit permission to do so. Additionally, if you do agree to have your responses shared, you may do so anonymously. You will be compensated for each video or audio testimonial. Compensation will be added to your monthly gift transfer.

# What is my role in research?



## IN-DEPTH INTERVIEWS

You may be asked to meet with our staff to talk about your experience in GRIT. These interviews may be one-on-one or in small groups and should take no longer than an hour to complete. Interpretation and virtual participation options will be available. You will also be compensated for each interview. Compensation will be added to your monthly gift transfer.

## SPENDING DATA

If you agree, our disbursement partner, Steady, will monitor the way that this guaranteed income is spent. This spending data will never be connected to your name or any identifiable information and will only be reported in large categories such as 'rent and utilities' or 'food'. You may stop participating at any time without penalty.





# What will the next 12 months look like?

## What will the next 12 months look like?

You will receive payments on or as close to the 15th of each month. You will periodically be asked to participate in research activities. During the project, we may ask you to participate in one-on-one interviews or focus groups. You will receive periodic text message surveys and opportunities sharing your experiences via video or audio.

### HOW DO I MAKE SURE I AM BEING SAFE AND SECURE?

We at GRIT have taken measures to ensure your information remains private and secure, and we encourage you to take similar precautions (for example, we will use pseudonyms instead of your name for any quotes shared publicly). For security and anonymity reasons, we highly encourage you to keep your participation in the program confidential. Only tell those who need to know about your extra cash - yes, this means not telling all your neighbors. We recommend that you refrain from posting anything regarding your participation on social media or from speaking to the media. **If you do feel unsafe at any time, call the Tacoma Police Department at (253) 798-4721 or the Pierce County Sheriff's Department at (253) 287-4455 or your local neighborhood security provider.**

### WHAT SHOULD I DO IF THE MEDIA APPROACHES ME?

It is not required that you speak to any media regarding your participation in GRIT. In fact, we strongly discourage you from speaking to the media as that may compromise your own safety and security. Your participation in GRIT is confidential and anonymous. If you are approached by the media, you can direct them to contact the GRIT team at (253) 242-0731 or by email at [GRIT@uwpc.org](mailto:GRIT@uwpc.org).

### WHAT IF I WANT TO SPEAK WITH THE MEDIA?

Let us know! We are happy to work with participants willing to, and excited at the thought of, doing interviews, blog posts, video or audio posts, and having their story covered throughout the . If you feel that this is you please text or call (253) 242-0731 or email [GRIT@uwpc.org](mailto:GRIT@uwpc.org).

# Will my taxes & benefits be affected?

## Will my taxes and benefits be affected?

GRIT disbursements are a gift from the GRIT program to you, and as such they do not need to be reported as taxable income on your tax return.

### WHY IS THE DISBURSEMENT A 'GIFT'?

The Internal Revenue Code (IRC) has a broad definition of income, but it also includes a number of exceptions to this general rule. One of those exceptions is for gifts. Gifts are not taxable if they fall under an annual exclusion amount. For 2024, the exclusion is \$18,000. This means that unless an individual receives more than \$18,000 from a single source, that individual does not need to disclose the gift on their tax return. GRIT has been structured to fit as closely as possible within this definition of 'gift'. First, the payments are made out of a sense of "detached and disinterested generosity". GRIT is not expecting anything in return for the payments. To make that as clear as possible, GRIT participants are not required to participate in the research opportunities, and if they do, they will receive compensation for their time that is unrelated to their monthly GRIT disbursement. Further, the consent forms that project participants will sign before they join the program state explicitly: GRIT disbursements are a gift from the GRIT project to the recipient. However, it is important to understand that guaranteed income is a new idea, and the IRS has not weighed in on whether they consider payments like this a gift or as income. In the unlikely chance that you need to pay taxes on some of your gift payments, GRIT can support you in getting tax help.

### HOW DOES THE 'GIFT' STATUS IMPACT MY BENEFITS?

Because the \$500/month is considered a gift, it should not impact eligibility for certain benefits; other benefits, however, do include gifts as part of the calculation to determine eligibility. If you receive benefits, we recommend that you speak to a benefits counselor provided by the GRIT project. Ultimately, our goal is to provide you with as much information as possible and empower you to make the best decision for yourself and your family. We have a team of trained professionals ready to discuss the impact on benefits and are happy to connect you with them - just let us know.



# Benefits Counseling

**How do I sign up for a benefits counseling session?**



GRIT 2.0 is working with Goodwill of the Olympics and Rainier Region to provide one-on-one counseling sessions for GRIT participants to assess any potential impact on benefits.

## **SCHEDULING YOUR 1:1 BENEFITS COUNSELING SESSION**

Benefits counseling sessions will be coordinated through Goodwill's Financial Opportunity Center. On the following pages you will see an example of the online scheduling form. The Benefits Counseling session is circled, but you are welcome to sign up for any of the Financial Opportunity Center offerings.

Use the link below or click the "Book Now" button to schedule a session at a time that works for you.

<https://tinyurl.com/Goodwill-FOC>

**BOOK NOW**





## Goodwill Financial Opportunity Center

### SELECT A SERVICE

- Financial Education: in-person @ Tacoma Goodwill Milgard Work...**

3 week course on Tuesdays & Thursdays fr... [Read more](#)

Free · 2 hours
- Tacoma Financial Opportunity Center**

Career or Financial coach - initial coaching ... [Read more](#)

Free · 1 hour
- Career Coaching: Tacoma site**

Career coaching appointment [Read more](#)

Free · 1 hour
- Financial coaching: Tacoma site**

Financial coaching appointment [Read more](#)

Free · 1 hour
- Lakewood Financial Opportunity Center**

Meet with Julie, Goodwill's FOC coach stati... [Read more](#)


Free · 1 hour
- GRIT participants only: income benefits coaching**

This appointment types is for participants o... [Read more](#)

Free · 1 hour


Select a service to see available dates and times




 **SELECT STAFF (OPTIONAL)**

Anyone




 **DATE**

 **TIME**

< > March 2024

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Select a service and date to see available times.

 **ADD YOUR DETAILS**

First and last name \*

First and last name

Email \*

Email

Address

Address

Phone number

Add your phone number

Notes

Add any special requests

For full privacy policy, visit <https://goodwillwa.org/home/privacy-policy/>

**Book**

# How do I get my \$500 each month?



## HOW DO I GET MY \$500 EACH MONTH?

You will receive your monthly disbursement through our trusted partner, Steady Impact. Steady is a social impact platform on a mission to build a people-centered, tech-enabled safety net.

After you create an account, Steady will seamlessly transfer your guaranteed income funds once a month directly into your personal bank account, or if you do not have a bank account onto a prepaid debit card.

**Steady will assign you a User ID. Please retain your User ID in a safe place, as this is how they will reference you as a participant in the GRIT 2.0 program.**

Steady utilizes the same technology as Venmo, PayPal, and typical bank transfers, and has incredibly strict security features to ensure that your information and funds are safe.

Finally, if you agree, your account with Steady can help us to understand how supportive the guaranteed income is.

Instructions for signing up with Steady are on the next page! For any questions regarding Steady and your account, please email [impactteam@steadyapp.com](mailto:impactteam@steadyapp.com)

Steady Impact is a platform that supports the distribution of direct cash assistance. Access the platform at [impact.steadyapp.com](https://impact.steadyapp.com).

## GET REGISTERED FOR PAYMENT IN 3 EASY STEPS

### STEP 1

#### Create an account

Select "Sign up" to create a password and enter your contact information. You will use your email address and password to login to the Impact Platform.



### STEP 2

#### Select your payment method

Steady uses Plaid to safely connect to your bank account and deposit funds. Select "Link Bank Account" to get started.



### STEP 3

#### Set a default account

Select which bank account where you would like to receive funds. Click "Make Default" next to this account name and then click "Done".

That's it! For questions, please contact [impactteam@steadyapp.com](mailto:impactteam@steadyapp.com).

Don't have a bank account or trouble linking an account? Follow the prompts after signing up and we will help you set up an alternative payment method to receive your funds.

# I have more questions!



## I have more questions!

the GRIT team understands that circumstance may arise that affect your ability to participate in our program and/or receive payments. As a rule of thumb, if you are unsure of whether your participation will be affected or unsure whether you need to notify the GRIT team of any changes, just reach out at [GRIT@uwpc.org](mailto:GRIT@uwpc.org).

For two common questions, see the responses below:

- **What if my mailing address changes?** *If your mailing address changes or you no longer have a mailing address, please contact the GRIT team to inform them of any changes. You will also need to change your mailing information for your disbursements through Steady and can do so on the app. If you are receiving any public assistance, you will also need to report any changes to the administrating departments as well. We understand that living circumstances may change over 12 months. You will not be removed from the program if your housing situation or address changes.*
- **What if my contact information changes?** *It is very important that the GRIT team is able to contact you during this project. We need accurate and updated contact information. Should your information change, contact the GRIT team at (253) 242-0731 or [GRIT@uwpc.org](mailto:GRIT@uwpc.org) to provide an update. If, for whatever reason, you believe there may be a change in your ability to receive disbursement, immediately reach out to the GRIT team.*



**Growing Resilience in Tacoma (GRIT)**

**(253) 242-0731**

**[GRIT@uwpc.org](mailto:GRIT@uwpc.org)**





# CONSENT FORMS

The following forms are for reference only. The forms will be completed and signed in the Steady system. You do not need to fill out and sign these pages.

## GRIT Benefits Survey

Taking part in GRIT may change your eligibility for government benefits. To help you decide if taking part in GRIT is the right decision for you and your family, please complete the survey below. Also, if you check “yes” for any question, we recommend that you speak with a benefits counselor to help you decide if taking part in GRIT makes sense for you.

- 1) Do you receive Social Security Insurance (SSI) benefits? \_\_\_ Yes \_\_\_ No  
*If you checked “yes”, please initial: I understand taking part in GRIT may change my eligibility for SSI benefits \_\_\_\_\_*
- 2) Do you receive Basic Food (SNAP) or Food Assistance Program (FAP) benefits? \_\_\_ Yes \_\_\_ No  
*If you checked “yes”, please initial: I understand taking part in GRIT may change my eligibility for SNAP or FAP benefits \_\_\_\_\_*
- 3) Do you receive Women, Infants, and Children (WIC) benefits? \_\_\_ Yes \_\_\_ No  
*If you checked “yes”, please initial: I understand taking part in GRIT may change my eligibility for WIC benefits \_\_\_\_\_*
- 4) Do you receive Working Connections Child Care (WCC) benefits? \_\_\_ Yes \_\_\_ No  
*If you checked “yes”, please initial: I understand that taking part in GRIT may change my eligibility for WCC benefits \_\_\_\_\_*
- 5) Do you receive Veterans Programs benefits? \_\_\_ Yes \_\_\_ No  
*If you checked “yes”, please initial: I understand that taking part in GRIT may change my eligibility for Veterans Programs benefits \_\_\_\_\_*
- 6) Do you receive Housing or Rental Assistance benefits? \_\_\_ Yes \_\_\_ No  
*If you checked “yes”, please initial: I understand that taking part in GRIT may change my eligibility for housing or rental assistance benefits \_\_\_\_\_*

**PLEASE NOTE:** The government counts gifts towards an individual’s eligibility for SSI, SNAP, FAP, WIC, WCC, veterans programs, and housing and rental assistance programs, so if you marked “yes” for questions 1, 2, 3, 4, 5, or 6, you may run an increased risk of losing those benefits through your participation in the GRIT program.



# CONSENT FORMS

## GRIT Benefits Survey

- 7) Do you receive Temporary Assistance for Needy Families (TANF) for non-needy relatives, in loco parentis, and legal guardians? \_\_\_\_ Yes \_\_\_\_ No  
*If you checked "yes", please initial: I understand that taking part in GRIT may change my eligibility for TANF for non-needy relatives, in loco parentis, and legal guardians \_\_\_\_\_*
- 8) Do you receive Apple Health (Medicaid)? \_\_\_\_ Yes \_\_\_\_ No  
*If you checked "yes", please initial: I understand that taking part in GRIT may change my eligibility for Medicaid benefits \_\_\_\_\_*
- 9) Do you receive or pay child support? \_\_\_\_ Yes \_\_\_\_ No  
*If you checked "yes", please initial: I understand that taking part in GRIT may change my child support circumstances \_\_\_\_\_*

**PLEASE NOTE:** *GRIT is confident that participation in the programs bears little risk of impacting your eligibility for TANF for non-needy relatives, in loco parentis, and legal guardians, Medicaid, and finalized child support agreements. However, we cannot guarantee that you will not lose your eligibility for these benefits or have your GRIT dollars garnished if you join GRIT. If you marked "yes" on question 6, 7, 8, or 9, please meet with a GRIT benefits counselor to discuss if joining the GRIT program is right for you.*

*If after you have talked with a benefits counselor you decide not to participate in the GRIT project, please email [GRIT@uwpc.org](mailto:GRIT@uwpc.org) to let staff know, so we can officially record your decision.*



# CONSENT FORMS

## Tax Disclaimer

GRIT disbursements are a gift from the GRIT project to you, and they do not need to be reported as taxable income on your tax return. However, it is important to understand that guaranteed income is a new idea, and the IRS has not weighed in on whether they consider payments like this a gift or as income. That means that there is a possibility that the IRS might decide that some of this gift is taxable.

By signing below, you are indicating that you understand that there is a small possibility that you may have to pay taxes on your GRIT gift payments.

## Beneficiary Statement

Clearly identify your beneficiary(ies) by providing each beneficiary's full name, date of birth, Social Security number, address, and relationship to you. Beneficiaries must be 18 years of age or older. You may name a primary and contingent beneficiaries:

- **Primary:** The primary beneficiary is the individual(s) who will receive the GRIT disbursements in the event of your death.
- **Congingent:** A contingent beneficiary is the individual(s) who will receive the GRIT disbursements if the primary beneficiary(s) die before you. Naming a contingent beneficiary is important, as there may be circumstances in which the primary beneficiary does not outlive you.

### PRIMARY BENEFICIARY

First Name: \_\_\_\_\_ M.I.: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_  
Social Security #: \_\_\_\_\_ Email: \_\_\_\_\_

### CONTINGENT BENEFICIARY

First Name: \_\_\_\_\_ M.I.: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_  
Social Security #: \_\_\_\_\_ Email: \_\_\_\_\_

*Make sure you sign and date the beneficiary designation form.*



# CONSENT FORMS

## Consent to Participate in the GRIT 2.0 Project

After you have discussed your benefits situation with a benefits counselor, and you have read and understand the tax disclaimer, please select **one (1)** of the options below and sign at the bottom:

- I have spoken with a benefits counselor and have decided NOT to participate in the GRIT 2.0 project**  
*After discussing my personal situation with a benefits counselor, I have decided not to participate in the GRIT 2.0 project*
- I have decided NOT to participate in the GRIT 2.0 project**  
*For personal reasons, I have chosen not to participate in the GRIT 2.0 project*
- I have spoken with a benefits counselor and have decided to participate in GRIT 2.0 project**  
*I confirm that I have spoken about my personal benefits situation with a benefits counselor. I understand that participating in the GRIT 2.0 project might impact my eligibility for benefits, and I am making the choice to participate in the GRIT 2.0 project anyway.*
- I have not spoken with a benefits counselor, but I have decided to participate in the GRIT 2.0 project anyway**  
*By signing below, I am explicitly stating that GRIT is not liable if I lose my benefits and that I am waiving, releasing, and discharging GRIT from any and all liability if I lose my state or federal benefits or access to child support because I chose to participate in the GRIT project. I agree not to sue GRIT, or any employees, volunteers, funders, research partners, or independent contractors of GRIT or any other party associated with the GRIT program if I lose my state or federal benefits by taking part in the GRIT project.*





# CONSENT FORMS

## Consent to Participate in the GRIT 2.0 Project (con't)

By signing below, I am giving GRIT, as well as any employees or agents of GRIT, or employees or agents of GRIT research partners my express written consent to contact me for any and all reasons relating to the GRIT project.

By signing below, I am also giving the GRIT project my express written consent to share my name and contact information with any of GRIT's employees or agents, as well as employees or agents of GRIT's research partners, solely for the purpose of allowing them to contact me for reasons related to the GRIT project.

By signing below, I am explicitly stating that I understand that I have the right to decide whether or not to participate in the research efforts associated with GRIT and that my decision to not participate in research efforts will in no way impact my eligibility for the GRIT project.

\_\_\_\_\_

Print Name

Signature

Date

.....

By signing below, I consent to be contacted by research participation opportunities.

\_\_\_\_\_

Print Name

\_\_\_\_\_

Signature

\_\_\_\_\_

Date

# MEET THE GRIT 2.0 TEAM



## *GRIT 2.0 Project Director*

✉ [GRIT@uwpc.org](mailto:GRIT@uwpc.org)

The GRIT Project Director can answer any programmatic questions, questions about project evaluation, help with changes to contact information, address, etc.

## *Steady Impact Project Manager*

✉ [ImpactTeam@steadyapp.com](mailto:ImpactTeam@steadyapp.com)

SteadyIQ can answer any questions you may have related to your monthly distributions, debit card issues, changes to banking info, etc. They cannot answer questions about the GRIT program, benefits, etc.



## *South Sound 211 Team*

✉ [211@uwpc.org](mailto:211@uwpc.org)

The 211 Team can direct you to other helpful resources and services. You can read more about what 211 offers in the [Local Resources](#) area at the end of this document.





# NEXT STEPS:

**Congratulations on being selected to participate in the GRIT 2.0 guaranteed income project and welcome aboard!**

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**01**

## **Join us for a Zoom welcome session**

Sign-up for one of our virtual welcome sessions. This is a great time to ask any questions you have about the GRIT 2.0 project! [CLICK HERE](#) to register.

**02**

## **Connect with a Benefits Counselor**

If you are currently receiving any of the benefits covered in this document, we strongly encourage you to talk with a Benefits Counselor to ensure you have all the information to make an informed decision in the best interest of yourself and your family about your participation in GRIT 2.0. Visit <https://tinyurl.com/Goodwill-FOC>

**03**

## **Complete the online consent forms**

Once you have made a decision to become a participant in the GRIT 2.0 project, you must complete the consent forms online through the Steady app. When your completed forms are submitted, Steady will reach out about connecting your bank account for funds distribution or proceed with issuing a refillable debit card.

**04**

## **Research participation**

If you indicated your willingness to participate in some or all of the research opportunities, someone from the research team will reach out with additional information about the research project.

**SERVICE**

**HELP**

**LOCAL RESOURCES**

**SOLUTION**

**CARE**

## Child Care

Call 211 if in need of assistance, or visit these links:

- [Pierce County Early Childhood Network](https://www.pcecn.org/diaper-bank) - is providing free diapers and wipes
- Comprehensive guide to affordable childcare through <https://childcareawarewa.org/>

## Employment

Call 211 if in need of assistance, or visit these links:

- <https://worksourcewa.com/>

## Expenses Support

Call 211 if in need of assistance, or visit these links:

- [Assistance With Energy Bill - Pierce County](#)
- [Assistance With Energy Bill - Tacoma](#)
- [Tacoma Public Utility Payment Assistance](#)
- [Puget Sound Energy Assistance](#)
- [County Wide Eviction Prevention](#)
- [Veterans Assistance](#)
- [Free Tax Filing Tool](#)
- [Homeownership/Mortgage](#)
- [Comcast for low income](#)

## Food

Call 211 if in need of assistance, or visit these links:

- Emergency Food Network: [Interactive Map](#)
- [Learn more about SNAP](#)





# Other Offerings from Goodwill



- These offerings are all in-person at Goodwill's Milgard Work Opportunity Center campus at 714 So. 27th Street, Tacoma, WA 98409. Contact the Goodwill Career Hub for class details and registration: email [CareerHub@goodwillwa.org](mailto:CareerHub@goodwillwa.org) or by phone at (253) 573-6708
  - **Career Readiness Education & Development (CRED):** this course is offered monthly and provides those looking for work, or to advance their career, with the skills necessary to become successful employees. Curriculum includes WA career bridge & learning assessment, cover letter & resume, interviewing & elevator pitch, budgeting, and Keeping Calm curriculum from Peace Literacy.
  - **Basic Digital Skills:** this course is offered monthly and provides training for careers that require at least a basic knowledge of computers. Course components include basic computer components, typing, internet basics, emailing, online forms, Microsoft Word basic fundamentals, and LinkedIn Learning Computer Literacy Certification
  - **Intro to Industry –IT Fundamentals:** this course is offered quarterly and provides training for entry level positions in IT helpdesk positions. Course components include advanced computer components, advanced Word, Excel, Outlook, and Microsoft Azure Fundamentals.
- These offerings have in-person and online attendance options, and offer self-registration at [www.goodwillwa.as.me](http://www.goodwillwa.as.me)
  - **Information sessions:** Come learn about the programs & services Goodwill has and to get enrolled if they choose.
  - **Financial Education:** this monthly course gives participants skills to obtain financial freedom and build a more stable future.
  - **Career Readiness workshops** resume readiness & interview skilling are each offered twice monthly, Goodwill also offers specialty workshops monthly that vary in subject, some include dress for success, online job applications & interviewing, plus more.
  - **Warehouse & Logistics:** Online digital curriculum teaches essential workforce skills and provides an overview of best practices across the distribution and logistics industries.
  - **VITA Free Tax Preparation:** this free tax preparation service provides basic tax preparation assistance for Federal Tax returns and for the WA State Working Families Tax Credit.
- These offerings are in partnership with Clover Park Technical College, details & registration are through contact with Felicia Dennis ([Felicia.Dennis@cptc.edu](mailto:Felicia.Dennis@cptc.edu))
  - **Adult GED & High School+ Diploma programs:** High School+ is a high school completion option which allows earning high school credits through life experience and GORR's Training programs.
  - **English as a Second Language**



**United Way of Pierce County**  
Serving Pierce, Thurston & Lewis Counties

## GET HELP WHEN YOU NEED IT MOST.

South Sound 2-1-1 is your free connection to basic needs and community resources. 2-1-1 is a free service that connects people to critical programs and services including:

- Utilities
- Rent
- Low Cost Housing
- Transportation
- Shelter
- Legal Assistance
- Basic Food Benefits
- Behavioral Health
- Physical Health
- Holiday Assistance
- Employment and Education

**[UWPC.org/GET-HELP-NOW](http://UWPC.org/GET-HELP-NOW)**  
**#PIERCECOUNTYSTRONG**



United Way of Pierce County